



SPEISEN & GETRÄNKE

FOOD & BEVERAGES

BROTE & BAGELS

Wähle aus:

- ♥ hausgemachtes Sauerteigbrot
- ♥ Bagels: Lauge / Natur / Mohn / Mehrkorn-Vollkorn
- ♥ glutenfreies Brot

Frischkäse

- ♥ Brie & Walnuss Feigensenf
- ♥ Tomate Mozzarella Basilikum-Pinien-Pesto
- ♥ Hähnchenbrust Sous-Vide Honig-Senf-Sauce

Guacamole vegan

- ♥ Hähnchenbrust Sous-Vide Honig-Senf-Sauce
- ♥ Lachs hausgebeizt Honig-Senf-Sauce
- ♥ Egg Benedict Hollandaise
- ♥ Egg Benedict & Lachs Hollandaise
- ♥ Egg Benedict & Trüffel Hollandaise

Rote-Beete-Hummus vegan

- ♥ Schafskäse gebackene Kichererbsen
- ♥ Avocado
- ♥ Hähnchenbrust Sous-Vide
- ♥ Lachs hausgebeizt

Süss

Frischkäse & Marmelade

Frischkäse & Honig

Erdnussbutter & Marmelade

Erdnussbutter & Banane Cacao Nibs

Nuss-Nougat-Creme & Erdbeeren Cacao Nibs

Extras

- ♥ Guacamole
- ♥ Avocado
- ♥ Egg Benedict
- ♥ Brie
- ♥ Tomate Mozzarella
- ♥ Hähnchenbrust Sous-Vide
- ♥ Lachs hausgebeizt

Saucen

- ♥ Honig-Senf ♥ Hollandaise
- ♥ Feigensenf

BREAD & BAGELS

Choose from:

- ♥ homemade wholemeal sourdough bread
- ♥ Bagels: Lye / natural / poppy seed / multigrain wholemeal
- ♥ gluten-free bread

Cream Cheese

- ♥ Brie & Walnut Fig Mustard
- ♥ Tomato Mozzarella Basil-Pine-Pesto
- ♥ Chicken Breast Sous-Vide Honey-Mustard-Sauce

Guacamole vegan

- ♥ Chicken Breast Sous-Vide Honey-Mustard-Sauce
- ♥ Salmon house-marinated Honey-Mustard-Sauce
- ♥ Egg Benedict Hollandaise
- ♥ Egg Benedict & Salmon Hollandaise
- ♥ Egg Benedict & Truffle Hollandaise

Beetroot Hummus vegan

- ♥ Avocado baked chickpeas
- ♥ Feta cheese baked chickpeas
- ♥ Chicken Breast Sous-Vide
- ♥ Salmon house-marinated

Sweet

Cream Cheese & Jam

Cream Cheese & Honey

Peanut Butter & Jam

Peanut Butter & banana Cacao Nibs

Hazelnut spread & strawberries Cacao Nibs

Extras

- ♥ Guacamole
- ♥ Avocado
- ♥ Egg Benedict
- ♥ Brie
- ♥ Tomato Mozzarella
- ♥ Chicken breast Sous-Vide
- ♥ Salmon house-marinated

Sauces

- ♥ Honey-Mustard ♥ Hollandaise Sauce
- ♥ Fig Mustard

EIERSPEISEN

Rührei oder Spiegeleier

aus 3 Eiern auf hausgemachtem Sauerteigbrot

- ♥ Zwiebeln
- ♥ Paprika oder Tomate
- ♥ Schafskäse
- ♥ Avocado
- ♥ Guacamole
- ♥ Hähnchenbrust
- ♥ Lachs
- ♥ Trüffel & Parmesan

Shakshuka

- ♥ Schafskäse ♥ Avocado ♥ Hummus

EIERKUCHEN

Herzhaft

- ♥ Avocado-Tomaten-Salat Oliven
- ♥ Lachs hausgebeizt Frischkäse Dill

Süß

- ♥ Marmelade
- ♥ Nuss-Nougat-Creme
- ♥ Nuss-Nougat-Creme & Banane

KUCHEN & GEBÄCK

Kuchen & Torten wechselndes Angebot

- Zimtschnecke
- Cookies
- Croissant

Aufstrich

- ♥ Butter ♥ Frischkäse ♥ Marmelade
- ♥ Honig ♥ Nuss-Nougat-Creme

EGG DISHES

10 Scrambled Eggs or Fried Eggs 10

made from 3 eggs on homemade sourdough bread

- 1 ♥ Onions 1
- 1.5 ♥ Pepper or Tomato 1.5
- 2 ♥ Feta cheese 2
- 2 ♥ Avocado 2
- 2 ♥ Guacamole 2
- 4 ♥ Chicken Breast 4
- 4.5 ♥ Salmon 4.5
- 9 ♥ Truffle & Parmesan 9

15.5 Shakshuka 15.5

je 2 ♥ Feta cheese ♥ Avocado ♥ Hummus each 2

CRÊPES

Savory

- 12.5 ♥ Avocado-Tomato-Salad Olives 12.5
- 14 ♥ Salmon Cream Cheese Dill 14

Sweet

- 8.5 ♥ Jam 8.5
- 9.5 ♥ Hazelnut spread 9.5
- 10.5 ♥ Hazelnut spread & banana 10.5

CAKES & PASTRIES

- 6 Cake & Tart changing offer 6
- 4.5 Cinnamon Roll 4.5
- 3.5 Cookies 3
- 2.5 Croissant 2.5

Spreads

- je 1 ♥ Butter ♥ Cream Cheese each 1
- ♥ Jam ♥ Honey ♥ Hazelnut spread

SALATE & SUPPEN

Nudelsalat Mediterran

Farfalle Feldsalat Kichererbsen Paprika Gurke Tomate
Zwiebel Schafskäse Zitronen-Vinaigrette

- ♥ klein 8.5
- ♥ groß 14

Feldsalat

Apfel Pinienkerne Parmesan

- ♥ Feldsalat Himbeer-Vinaigrette 12.5
- ♥ Räuchertofu Honig-Senf-Dressing 14.5
- ♥ Hähnchenbrust Sous-Vide Himbeer-Vinaigrette 16.5
- ♥ Lachs hausgebeizt Honig-Senf-Dressing 17

Caesar Salat

Parmesan Croutons Caesar-Dressing

- ♥ Caesar Salat 13
- ♥ Hähnchenbrust Sous-Vide 16.5

Tagessuppe wechselndes Angebot

- ♥ klein 7.5
- ♥ groß 13

CLASSICS

Club Sandwich

Hähnchen Speck Spiegelei Cheddar-Käse Tomate Salat
Mayonnaise Kartoffelchips

17.5

NUDELN

Mafaldine al tartufo

Parmesan schwarzer Trüffel

19.5

SALADS & SOUPS

Mediterranean Pasta Salad

Farfalle Lamb's lettuce Chickpeas Peppers Cucumber
Tomato Onion Feta Cheese Lemon-Vinaigrette

- ♥ small 8.5
- ♥ large 14

Lamb's Lettuce

Apple Pine Nuts Parmesan

- ♥ Lamb's Lettuce Raspberry-Vinaigrette 12.5
- ♥ Smoked Tofu Honey-Mustard-Dressing 14.5
- ♥ Chicken Breast Sous-Vide Raspberry-Vinaigrette 16.5
- ♥ Salmon house-marinated Honey- Mustard-Dressing 17

Caesar Salad

Parmesan Croutons Caesar-Dressing

- ♥ Caesar Salad 13
- ♥ Chicken Breast Sous-Vide 16.5

Soup du jour changing offer

- ♥ small 7.5
- ♥ large 13

CLASSICS

Club Sandwich

Chicken Bacon Fried Egg Cheddar Tomato Lettuce
Mayonnaise Potato Chips

17.5

PASTA

Mafaldine al tartufo

Parmesan black truffle

19.5

BOWLS

Hausgemachtes Granola

frische Früchte Waldbeerenspiegel

♥ Griechischer Joghurt

♥ Sojajoghurt vegan

9.5

10.5

Mango Overnight Oats

vegan

♥ klein

7.5

♥ groß

10

Blue Smoothie Bowl

vegan

Kokosjoghurt mit Spirulina Ananas Banane

Toppings: Erdbeeren Kokoschips hausgemachtes Granola

11.5

BOWLS

Homemade Granola

fresh fruits wild-berries mirror

♥ Greek Yogurt

9.5

♥ Soy Yogurt vegan

10.5

Mango Overnight Oats

vegan

♥ small

7.5

♥ large

10

Blue Smoothie Bowl

vegan

Coconut yogurt with spirulina pineapple banana

Toppings: strawberries coconut chips homemade granola

11.5

SUPERFOOD SMOOTHIES

Superfood Smoothies

0.3l

8

Oat My God

Haferflocken Mandelmilch Banane Goji Beere
Erdbeere Mandeln Kürbiskerne Kokosraspeln

Beauty & Brain

Mandelmilch Karotte Zimt Mandeln Ingwer
Banane Soja-Whey-Protein

After Party

Apfel Açai Erdbeere Cacao Nibs Avocado
Banane

Liquid Rehab

Zitrone Apfel Avocado Chia Minze

SUPERFOOD SMOOTHIES

Superfood Smoothies

0.3l

8

Oat My God

Oatmeal Almond Milk Banana Goji Berry
Strawberry Almond Pumpkin Seeds
Desiccated Coconut

Beauty & Brain

Almond Milk Carrot Cinnamon Almonds Ginger
Banana Soy Whey Protein

After Party

Apple Açai Strawberry Cacao Nibs Avocado
Banana

Liquid Rehab

Lemon Apple Avocado Chia Mint

ENERGIE SHOTS

Ingwer

0.1l

3.5

Ingwer Apfel

0.15l

4

POWER SHOTS

Ginger

0.1l

3.5

Ginger Apple

0.15l

4

FRISCHE & GRÜNE SÄFTE

Pure Orange 0.2l 5
frisch gepresster Orangensaft

Säfte 0.3l 7

Sweet Dreams
Apfel Banane Erdbeere

Glam Apple
Orange Apfel Ananas Minze

Mango Django
Apfel Banane Mango

Ginger Ninja
Ingwer Karotte Apfel

Early Bird
Sellerie Zitrone Karotte

Drive Me Crazy
Zitrone Apfel Himbeere Minze

Back to the Roots
Rote Beete Ingwer Karotte Orange

Miss Mint
Ingwer Apfel Minze

Go Away Doc
Ingwer Sellerie Zitrone Apfel

Green Machine
Apfel Banane Ananas Spinat

Stress Down
Zitrone Apfel Spinat Minze

Recover Me Softly
Wasser Spinat Banane Zitrone Ananas

FRESH & GREEN JUICES

Pure Orange 0.2l 5
freshly squeezed orange juice

Juices 0.3l 7

Sweet Dreams
Apple Banana Strawberry

Glam Apple
Orange Apple Pineapple Mint

Mango Django
Apple Banana Mango

Ginger Ninja
Ginger Carrot Apple

Early Bird
Celery Lemon Carrot

Drive Me Crazy
Lemon Apple Raspberry Mint

Back to the Roots
Beetroot Ginger Carrot Orange

Miss Mint
Ginger Apple Mint

Go Away Doc
Ginger Celery Lemon Apple

Green Machine
Apple Banana Pineapple Spinach

Stress Down
Lemon Apple Spinach Mint

Recover Me Softly
Water Spinach Banana Lemon Pineapple

Kaffee

Espresso	
Espresso Macchiato	
Doppelter Espresso	
Doppelter Espresso Macchiato	
Americano	
Cappuccino	
Flat White	
Cortado	
Caffè Latte	
Latte Macchiato	

Iced Freddo Cappuccino

Heiße Schokolade

Milch & Extras

- ♥ Hafer ♥ Kokosnuss ♥ Soja
- ♥ Mandel ♥ Laktosefrei

Extra Shot

Iced

Tee

Chai Latte

Matcha Latte

Frischer Ingwer

Frischer Ingwer & Zitrone

Frischer Ingwer & Orange

Frische Minze

Frischer Minze & Ingwer

Beutel Tee verschiedene Sorten

ALKOHOLFREIE GETRÄNKE

Wasser Leise & Laut

Wasser Leise & Laut

Cola & Cola Zero

Orangina

COFFEE

2.3	Espresso	2.3
2.6	Espresso Macchiato	2.6
2.9	Double Espresso	2.9
3.2	Double Espresso Macchiato	3.2
3.4	Americano	3.4
3.8	Cappuccino	3.8
4.4	Flat White	4.4
4.5	Cortado	4.5
4.9	Caffè Latte	4.9
5	Latte Macchiato	5

6 Iced Freddo Cappuccino 6

5.5 Hot Chocolate 5.5

MILK & Extras

- | | | |
|-----|-------------------------|-----|
| 0.5 | ♥ Oat ♥ Coconut ♥ Soy | 0.5 |
| | ♥ Almond ♥ Lactose free | |

0.8 Extra Shot 0.8

0.5 Iced 0.5

Tea

5.5 Chai Latte 5.5

5.5 Matcha Latte 5.5

5 Fresh Ginger 5

5.5 Fresh Ginger & Orange 6

6 Fresh Ginger & Lemon 5.5

5 Fresh Mint 5

5.5 Fresh Mint & Ginger 5.5

4.5 Tea Bag different varieties 4.5

SOFT DRINKS

3.5 Water Leise & Laut 0.33l 3.5

7 Water Leise & Laut 0.7l 7

3.5 Cola & Cola Zero 0.2l 3.5

4 Orangina 0.25l 4

Bier

Ichnusa Kultbier aus Sardinien	0.33l	4.5
Heineken	0.25l	4.5

APERITIF

Aperol Spritz	0.2l	8
Lillet Wild Berry	0.2l	8
Mimosa Prosecco frischer Orangensaft	0.15l	7

LONGDRINKS

Gin & Tonic

♥ Hendrick's Gin	0.3l	10
♥ The Botanist Gin	0.3l	12

crémant

Crémant de Bourgogne Brut *Blanc*

Charles Roux, Bourgogne

Crémant de Bourgogne Brut *Rose*

Charles Roux, Bourgogne

♥ Glas	0.1l	7
♥ Flasche	0.75l	48

CHAMPAGNER

Brut *Rose* Champagne Premier Cru

Patrick Boivin, Champagne

♥ Glas	0.1l	10
♥ Flasche	0.75l	70

Beer

Ichnusa Kultbier aus Sardinien	0.33l	4.5
Heineken	0.25l	4.5

APERITIF

Aperol Spritz	0.2l	8
Lillet Wild Berry	0.2l	8
Mimosa Prosecco fresh Orangenjuice	0.15l	7

LONG DRINKS

Gin & Tonic

♥ Hendrick's Gin	0.3l	10
♥ The Botanist Gin	0.3l	12

crémant

Crémant de Bourgogne Brut *Blanc*

Charles Roux, Bourgogne

Crémant de Bourgogne Brut *Rose*

Charles Roux, Bourgogne

♥ Glass	0.1l	7
♥ Bottle	0.75l	48

CHAMPAGNE

Brut *Rose* Champagne Premier Cru

Patrick Boivin, Champagne

♥ Glass	0.1l	10
♥ Bottle	0.75l	70

weine

Weiß

Riesling Qba trocken "Forster Stift"

Kimich, Pfalz
Rebsorte: Riesling

♥ Glas	0.2l	7.5
♥ Flasche	1.0l	35

Sauvignon Touraine

Domaine de la Chaise, Touraine
Rebsorte: Sauvignon Blanc

♥ Glas	0.2l	8
♥ Flasche	0.75l	29

Rosé

Domaine de Millet rose

Château de Millet, Gascogne
Rebsorte: Égiodola, Syrah

♥ Glas	0.2l	7
♥ Flasche	0.75l	26

Rot

Seduction

Domaine Saint Antoine, Rieux-Minervois
Rebsorte: Carignan, Grenache

♥ Glas	0.2l	8
♥ Flasche	0.75l	29

wine

White

Riesling Qba trocken "Forster Stift"

Kimich, Pfalz
Grape: Riesling

♥ Glass	0.2l	7
♥ Bottle	1.0l	35

Sauvignon Touraine

Domaine de la Chaise, Touraine
Grape: Sauvignon Blanc

♥ Glass	0.2l	8
♥ Bottle	0.75l	29

Rosé

Domaine de Millet rose

Château de Millet, Gascogne
Grape: Égiodola, Syrah

♥ Glass	0.2l	7
♥ Bottle	0.75l	26

Red

Seduction

Domaine Saint Antoine, Rieux-Minervois
Rebsorte: Carignan, Grenache

♥ Glass	0.2l	8
♥ Bottle	0.75l	29