




SPEISEN & GETRÄNKE

FOOD & BEVERAGES

# BROTE & BAGELS

Wähle aus:

- ♥ hausgemachtes Sauerteigbrot
- ♥ Bagels: Lauge / Natur / Mohn / Mehrkorn-Vollkorn
- ♥ glutenfreies Brot 

## Frischkäse

- ♥ Brie & Walnuss Feigensenf
- ♥ Tomate Mozzarella Basilikum-Pinien-Pesto
- ♥ Hähnchenbrust Sous-Vide Honig-Senf-Sauce

## Guacamole vegan

- ♥ Hähnchenbrust Sous-Vide Honig-Senf-Sauce
- ♥ Lachs hausgebeizt Honig-Senf-Sauce
- ♥ Egg Benedict Hollandaise
- ♥ Egg Benedict & Lachs Hollandaise
- ♥ Egg Benedict & Trüffel Hollandaise

## Rote-Beete-Hummus vegan

- ♥ Schafskäse gebackene Kichererbsen
- ♥ Avocado
- ♥ Hähnchenbrust Sous-Vide
- ♥ Lachs hausgebeizt

## Süss

Frischkäse & Marmelade

Frischkäse & Honig

Erdnussbutter & Marmelade

Erdnussbutter & Banane Cacao Nibs

Nuss-Nougat-Creme & Erdbeeren Cacao Nibs

## Extras

- ♥ Guacamole
- ♥ Avocado
- ♥ Egg Benedict
- ♥ Brie
- ♥ Tomate Mozzarella
- ♥ Hähnchenbrust Sous-Vide
- ♥ Lachs hausgebeizt

## Saucen

- ♥ Honig-Senf ♥ Hollandaise
- ♥ Feigensenf

# BREAD & BAGELS

Choose from:

- ♥ homemade wholemeal sourdough bread
- ♥ Bagels: Lye / natural / poppy seed / multigrain wholemeal
- ♥ gluten-free bread

## Cream Cheese

- ♥ Brie & Walnut Fig Mustard
- ♥ Tomato Mozzarella Basil-Pine-Pesto
- ♥ Chicken Breast Sous-Vide Honey-Mustard-Sauce

## Guacamole vegan

- ♥ Chicken Breast Sous-Vide Honey-Mustard-Sauce
- ♥ Salmon house-marinated Honey-Mustard-Sauce
- ♥ Egg Benedict Hollandaise
- ♥ Egg Benedict & Salmon Hollandaise
- ♥ Egg Benedict & Truffle Hollandaise

## Beetroot Hummus vegan

- ♥ Avocado baked chickpeas
- ♥ Feta cheese baked chickpeas
- ♥ Chicken Breast Sous-Vide
- ♥ Salmon house-marinated

## Sweet

Cream Cheese & Jam

Cream Cheese & Honey

Peanut Butter & Jam

Peanut Butter & banana Cacao Nibs

Hazelnut spread & strawberries Cacao Nibs

## Extras

- ♥ Guacamole
- ♥ Avocado
- ♥ Egg Benedict
- ♥ Brie
- ♥ Tomato Mozzarella
- ♥ Chicken breast Sous-Vide
- ♥ Salmon house-marinated

## Sauces

- ♥ Honey-Mustard ♥ Hollandaise Sauce
- ♥ Fig Mustard

## EIERSPEISEN

### Rührei oder Spiegeleier

aus 3 Eiern auf hausgemachtem Sauerteigbrot

- ♥ Zwiebeln
- ♥ Paprika oder Tomate
- ♥ Schafskäse
- ♥ Avocado
- ♥ Guacamole
- ♥ Hähnchenbrust
- ♥ Lachs
- ♥ Trüffel & Parmesan

### Shakshuka

- ♥ Schafskäse ♥ Avocado ♥ Hummus

## EIERKUCHEN

### Herzhaft

- ♥ Avocado-Tomaten-Salat Oliven
- ♥ Lachs hausgebeizt Frischkäse Dill

### Süß

- ♥ Marmelade
- ♥ Nuss-Nougat-Creme
- ♥ Nuss-Nougat-Creme & Banane

## KUCHEN & GEBÄCK

- Kuchen & Torten
- Zimtschnecke
- Cookies
- Croissant

### Aufstrich

- ♥ Butter ♥ Frischkäse ♥ Marmelade
- ♥ Honig ♥ Nuss-Nougat-Creme

## EGG DISHES

10 Scrambled Eggs or Fried Eggs 10

made from 3 eggs on homemade sourdough bread

- 1 ♥ Onions 1
- 1.5 ♥ Pepper or Tomato 1.5
- 2 ♥ Feta cheese 2
- 2 ♥ Avocado 2
- 2 ♥ Guacamole 2
- 4 ♥ Chicken Breast 4
- 4.5 ♥ Salmon 4.5
- 9 ♥ Truffle & Parmesan 9

15.5 Shakshuka 15.5

je 2 ♥ Feta cheese ♥ Avocado ♥ Hummus each 2

## CRÊPES

### Savory

- 12.5 ♥ Avocado-Tomato-Salat Olives 12.5
- 14 ♥ Salmon Cream Cheese Dill 14

### Sweet

- 8.5 ♥ Jam 8.5
- 9.5 ♥ Hazelnut spread 9.5
- 10.5 ♥ Hazelnut spread & banana 10.5

## CAKES & PASTRIES

- 6 Cake & Tart changing offer 6
- 4.5 Cinnamon Roll 4.5
- 3.5 Cookies 3
- 2.5 Croissant 2.5

### Spreads

- je 1 ♥ Butter ♥ Cream Cheese each 1
- ♥ Jam ♥ Honey ♥ Hazelnut spread

## SALATE & SUPPEN

### Nudelsalat Mediterran

Farfalle Feldsalat Kichererbsen Paprika Gurke Tomate  
Zwiebel Schafskäse Zitronen-Vinaigrette

♥ klein

♥ groß

### Feldsalat vegan

Apfel Pinienkerne Parmesan Himbeer-Vinaigrette

♥ Räuchertofu Honig-Senf-Dressing

♥ Hähnchenbrust Sous-Vide Himbeer-Vinaigrette

♥ Lachs hausgebeizt Honig-Senf-Dressing

### Caesar Salat

Parmesan Croutons Caesar-Dressing

♥ Hähnchenbrust Sous-Vide

### Tagessuppe wechselndes Angebot

♥ klein

♥ groß

## CLASSICS

### Club Sandwich

Hähnchen Speck Spiegelei Cheddar-Käse Tomate Salat  
Mayonnaise Kartoffelchips

## NUDELN

### Mafaldine al tartufo

Parmesan schwarzer Trüffel

## SALADS & SOUPS

### Mediterranean Pasta Salad

Farfalle Lamb's lettuce Chickpeas Peppers Cucumber  
Tomato Onion Feta Cheese Lemon-Vinaigrette

♥ small

♥ large

### Lamb's Lettuce

Apple Pine Nuts Parmesan Raspberry-Vinaigrette

♥ Smoked Tofu Honey-Mustard-Dressing

♥ Chicken Breast Sous-Vide Raspberry-Vinaigrette

♥ Salmon house-marinated Honey- Mustard-Dressing

### Caesar Salad

Parmesan Croutons Caesar-Dressing

♥ Chicken Breast Sous-Vide

### Soup du jour changing offer

7.5 ♥ small

13 ♥ large

## CLASSICS

### Club Sandwich

Chicken Bacon Fried Egg Cheddar Tomato Lettuce  
Mayonnaise Potato Chips

## PASTA

### Mafaldine al tartufo

Parmesan black truffle

## BOWLS

### Hausgemachtes Granola vegan

frische Früchte Waldbeerenspiegel

- ♥ Griechischer Joghurt 9.5
- ♥ Sojajoghurt vegan 10.5

### Mango Overnight Oats vegan

- ♥ klein 7.5
- ♥ groß 10

### Blue Smoothie Bowl vegan

Kokosjoghurt mit Spirulina Ananas Banane  
Toppings: Erdbeeren Kokoschips hausgemachtes Granola

9.5  
10.5

7.5  
10

11.5

## BOWLS

### Homemade Granola

fresh fruits wild-berries mirror

- ♥ Greek Yogurt 9.5
- ♥ Soy Yogurt vegan 10.5

### Mango Overnight Oats vegan

- ♥ small 7.5
- ♥ large 10

### Blue Smoothie Bowl vegan

Coconut yogurt with spirulina pineapple banana  
Toppings: strawberries coconut chips homemade granola

9.5  
10.5

7.5  
10

11.5

## SUPERFOOD SMOOTHIES

### Superfood Smoothies 0.3l 8

#### Oat My God

Haferflocken Mandelmilch Banane Goji Beere  
Erdbeere Mandeln Kürbiskerne Kokosraspeln

#### Beauty & Brain

Mandelmilch Karotte Zimt Mandeln Ingwer  
Banane Soja-Whey-Protein

#### After Party

Apfel Açai Erdbeere Cacao Nibs Avocado  
Banane

#### Liquid Rehab

Zitrone Apfel Avocado Chia Minze

## SUPERFOOD SMOOTHIES

### Superfood Smoothies 0.3l 8

#### Oat My God

Oatmeal Almond Milk Banana Goji Berry  
Strawberry Almond Pumpkin Seeds  
Desiccated Coconut

#### Beauty & Brain

Almond Milk Carrot Cinnamon Almonds Ginger  
Banana Soy Whey Protein

#### After Party

Apple Açai Strawberry Cacao Nibs Avocado  
Banana

#### Liquid Rehab

Lemon Apple Avocado Chia Mint

## ENERGIE SHOTS

- Ingwer 0.1l 3.5
- Ingwer Apfel 0.15l 4

## POWER SHOTS

- Ginger 0.1l 3.5
- Ginger Apple 0.15l 4

# FRISCHE & GRÜNE SÄFTE

*Pure Orange* 0.2l 5  
frisch gepresster Orangensaft

**Säfte** 0.3l 7

*Sweet Dreams*  
Apfel Banane Erdbeere

*Glam Apple*  
Orange Apfel Ananas Minze

*Mango Django*  
Apfel Banane Mango

*Ginger Ninja*  
Ingwer Karotte Apfel

*Early Bird*  
Sellerie Zitrone Karotte

*Drive Me Crazy*  
Zitrone Apfel Himbeere Minze

*Back to the Roots*  
Rote Beete Ingwer Karotte Orange

*Miss Mint*  
Ingwer Apfel Minze

*Go Away Doc*  
Ingwer Sellerie Zitrone Apfel

*Green Machine*  
Apfel Banane Ananas Spinat

*Stress Down*  
Zitrone Apfel Spinat Minze

*Recover Me Softly*  
Wasser Spinat Banane Zitrone Ananas

# FRESH & GREEN JUICES

*Pure Orange* 0.2l 5  
freshly squeezed orange juice

**Juices** 0.3l 7

*Sweet Dreams*  
Apple Banana Strawberry

*Glam Apple*  
Orange Apple Pineapple Mint

*Mango Django*  
Apple Banana Mango

*Ginger Ninja*  
Ginger Carrot Apple

*Early Bird*  
Celery Lemon Carrot

*Drive Me Crazy*  
Lemon Apple Raspberry Mint

*Back to the Roots*  
Beetroot Ginger Carrot Orange

*Miss Mint*  
Ginger Apple Mint

*Go Away Doc*  
Ginger Celery Lemon Apple

*Green Machine*  
Apple Banana Pineapple Spinach

*Stress Down*  
Lemon Apple Spinach Mint

*Recover Me Softly*  
Water Spinach Banana Lemon Pineapple

## Kaffee

Espresso  
Espresso Macchiato  
Doppelter Espresso  
Doppelter Espresso Macchiato  
Americano  
Cappuccino  
Flat White  
Cortado  
Caffè Latte  
Latte Macchiato

Iced Freddo Cappuccino

Heiße Schokolade

*Milch & Extras*

♥ Hafer ♥ Kokosnuss ♥ Soja  
♥ Mandel ♥ Laktosefrei

Extra Shot

Iced

## Tee

Chai Latte

Matcha Latte

Frischer Ingwer

Frischer Ingwer & Zitrone

Frischer Ingwer & Orange

Frische Minze

Frischer Minze & Ingwer

Beutel Tee verschiedene Sorten

## ALKOHOLFREIE GETRÄNKE

Wasser Leise & Laut

Wasser Leise & Laut

Cola & Cola Zero

Orangina

0.33l

0.7l

0.2l

0.25l

## COFFEE

2.3 Espresso  
2.6 Espresso Macchiato  
2.9 Double Espresso  
3.2 Double Espresso Macchiato  
3.4 Americano  
3.8 Cappuccino  
4.4 Flat White  
4.5 Cortado  
4.9 Caffè Latte  
5 Latte Macchiato

6 Iced Freddo Cappuccino

5.5 Hot Chocolate

*MILK & Extras*

0.5 ♥ Oat ♥ Coconut ♥ Soy  
♥ Almond ♥ Lactose free

0.8 Extra Shot

0.5 Iced

## Tea

5.5 Chai Latte

5.5 Matcha Latte

5 Fresh Ginger

5.5 Fresh Ginger & Orange

6 Fresh Ginger & Lemon

5 Fresh Mint

5.5 Fresh Mint & Ginger

4.5 Tea Bag different varieties

## SOFT DRINKS

3.5 Water Leise & Laut

7 Water Leise & Laut

3.5 Cola & Cola Zero

4 Orangina

0.33l

0.7l

0.2l

0.25l

## Bier

Ichnusa Kultbier aus Sardinien	0.33l	4.5
Heineken	0.25l	4.5

## APERITIF

Aperol Spritz	0.2l	8
Lillet Wild Berry	0.2l	8
Mimosa Prosecco frischer Orangensaft	0.15l	7

## LONGDRINKS

### Gin & Tonic

♥ Hendrick's Gin	0.3l	10
♥ The Botanist Gin	0.3l	12

## crémant

### Crémant de Bourgogne Brut *Blanc*

Charles Roux, Bourgogne

### Crémant de Bourgogne Brut *Rose*

Charles Roux, Bourgogne

♥ Glas	0.1l	7
♥ Flasche	0.75l	48

## CHAMPAGNER

### Brut *Rose* Champagne Premier Cru

Patrick Boivin, Champagne

♥ Glas	0.1l	10
♥ Flasche	0.75l	70

## Beer

Ichnusa Kultbier aus Sardinien	0.33l	4.5
Heineken	0.25l	4.5

## APERITIF

Aperol Spritz	0.2l	8
Lillet Wild Berry	0.2l	8
Mimosa Prosecco fresh Orangenjuice	0.15l	7

## LONG DRINKS

### Gin & Tonic

♥ Hendrick's Gin	0.3l	10
♥ The Botanist Gin	0.3l	12

## crémant

### Crémant de Bourgogne Brut *Blanc*

Charles Roux, Bourgogne

### Crémant de Bourgogne Brut *Rose*

Charles Roux, Bourgogne

♥ Glass	0.1l	7
♥ Bottle	0.75l	48

## CHAMPAGNE

### Brut *Rose* Champagne Premier Cru

Patrick Boivin, Champagne

♥ Glass	0.1l	10
♥ Bottle	0.75l	70



# weine

## Weiß

### Riesling Qba trocken "Forster Stift"

Kimich, Pfalz  
Rebsorte: Riesling

♥ Glas	0.2l	7.5
♥ Flasche	1.0l	35

### Sauvignon Touraine

Domaine de la Chaise, Touraine  
Rebsorte: Sauvignon Blanc

♥ Glas	0.2l	8
♥ Flasche	0.75l	29

## Rosé

### Domaine de Millet rose

Château de Millet, Gascogne  
Rebsorte: Égiodola, Syrah

♥ Glas	0.2l	7
♥ Flasche	0.75l	26

## Rot

### Seduction

Domaine Saint Antoine, Rieux-Minervois  
Rebsorte: Carignan, Grenache

♥ Glas	0.2l	8
♥ Flasche	0.75l	29

# wine

## White

### Riesling Qba trocken "Forster Stift"

Kimich, Pfalz  
Grape: Riesling

♥ Glass	0.2l	7
♥ Bottle	1.0l	35

### Sauvignon Touraine

Domaine de la Chaise, Touraine  
Grape: Sauvignon Blanc

♥ Glass	0.2l	8
♥ Bottle	0.75l	29

## Rosé

### Domaine de Millet rose

Château de Millet, Gascogne  
Grape: Égiodola, Syrah

♥ Glass	0.2l	7
♥ Bottle	0.75l	26

## Red

### Seduction

Domaine Saint Antoine, Rieux-Minervois  
Rebsorte: Carignan, Grenache

♥ Glass	0.2l	8
♥ Bottle	0.75l	29